

PRE GENERAL ANESTHESIA

Surgery Instructions

- ✦ General Anesthesia is administered through I.V.
- ✦ Patients **MUST NOT HAVE ANYTHING TO EAT OR DRINK (including water)** starting at midnight the evening before their surgery day. This includes gum, lozenges and mints. It is OK and encouraged to brush your teeth in the morning of the surgery, but you must only rinse and spit – **DO NOT SWALLOW.**
- ✦ **2 days prior to surgery:**
 - NO alcohol, smoking or vaping. **HOLD** all vitamins and herbal supplements. Tylenol is preferred for pain management (Ibuprofen and Motrin are **NOT** allowed).
- ✦ A parent or legal guardian **MUST** accompany minors under the age of 18 to provide consent.
- ✦ A responsible adult **MUST** accompany the patient to the office for the appointment, must come into the office with the patient and is free to leave when the patient goes into the OR. Mobile numbers must be left with reception so that we can call when the patient goes into recovery.
- ✦ If your transportation is not available when you are ready to be discharged, there may be additional charges (which may not be covered by your insurance company). We cannot allow patients to leave by car, taxi or other transportation without a responsible adult escort.
- ✦ You must not drive a vehicle or operate any machinery for 24 hours following anesthesia.
- ✦ A responsible adult **MUST** remain with the patient for 12 – 24 hours after arriving home from surgery.
- ✦ On day of surgery, please wear a loose-fitting short sleeve t shirt and comfortable pants. Please bring an extra set of clothes and leave them in the vehicle, we will request them if they are needed.
- ✦ Contact lenses, jewelry, facial piercings, and dentures **MUST** be removed prior to surgery.
- ✦ Do **NOT** wear lipstick, makeup, false eyelashes, or nail polish on the day of surgery.
- ✦ Please notify the office if you have an illness such as a cold, sore throat, cough, stomach or bowel upset.
- ✦ If there is any question that you may be pregnant, please make the office aware prior to surgery.
- ✦ We make every effort to be on time with our schedule, and we understand that waiting is a nuisance. Emergency patients often require our immediate attention. We appreciate your patience in accommodating any unforeseen delays. Ultimately, you will receive our full attention.
- ✦ Your surgical appointment will be confirmed 4 to 7 days in advance. If we are unable to contact you at that time, or you do not contact the office to confirm your surgery, it will be cancelled and a rescheduling fee will be required. This fee is also applicable if you fail to keep your confirmed surgical appointment.
- ✦ Payment is due on the date of service. Acceptable forms of payment are cash, debit, Visa or MasterCard.
- ✦ If you have any questions or concerns regarding your surgery, or need additional information, please do not hesitate to contact our office at 587-425-1600.
- ✦ **FAILURE TO COMPLY WITH THE PRECEDING INSTRUCTIONS COULD RESULT IN POSTPONEMENT OR CANCELLATION OF YOUR SURGERY**